Empathy



Empathy is about how people are feeling.

- Empathy is considering the feelings of others before you act/react.
- Empathy is putting yourself in someone else's shoes and consider how they are feeling and thinking.
- Empathy is being aware of how we might impact the feelings of others.

| Empathy | | | | | |
|-------------|-------------|-----------|--------|------------|------|
| Cooperation | Kindness | Happiness | Humour | Compassion | Love |
| Caring | Forgiveness | Humility | | | |