

GOLD

respect

19. Volunteer in school for 5 hours or more.

20. Create & run a club or make a long-term commitment to help at a club.

resilience

21. Show improvement at a sport, instrument or club.

22. Give a presentation.

23. Do something you are afraid of.

empathy

24. Write a persuasive letter on an issue that is important to you.

25. Support a class member who needs help.

reflection

26. Plan a lesson to give to your class linked to RE.

27. Plan & deliver a lesson on the value of reflection.

28. Your choice:

Date started _____

Date Finished _____

Evidence seen by (teacher) _____

VALUES BACCALAUREATE

'Be the best person you can possibly be'



Name

BRONZE

respect

1. Volunteer to help your teacher.
2. Make a commitment to a club (inside or outside school).

resilience

3. Participate in a sporting, musical or drama event.
4. Give a presentation.
5. Learn something new.
6. Follow a recipe.

empathy

7. Write a letter to a friend.
8. Support a class member who needs help.

reflection

9. Learn about a place of worship.

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Date started _____

Date Finished _____

Evidence seen by (teacher) _____

SILVER

respect

10. Volunteer in school for 3 hours.
11. Help out at a club.

resilience

12. Give a presentation about values to your class.
13. Try a new sport, instrument or club.
14. Bake something for a neighbour.
15. Help someone learn something new.

empathy

16. Write a thoughtful note to a distant relative or family friend.
17. Your choice:

reflection

18. Learn about 2 places of worship, compare them.

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Date started _____

Date Finished _____

Evidence seen by (teacher) _____