

FIELDING NURSERY TEA MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1:					
Option 1	Quorn Sausage with Mashed Potato & Gravy	Jacket Potato with Chees or Beans	Quorn Hot Dogs with Potato Wedges	Vegetable Bolognese with Spaghetti	Jacket Potato with Bakes Beans
Option 2	Chicken Sausage with Mashed Potato & Gravy	Chicken & Sweetcorn Meatballs with Spaghetti			Cheese or Chicken Sandwich
Vegetables	Peas	Carrots	Baked Beans	Mixed Salad	Cucumber & Carrot Sticks
Dessert	Fruit	Fruit	Fruit	Fruit	Fruit
WEEK 2:					
Option 1	Quorn Dippers with Chips	Beans on Toast	Tomato & Lentil Pasta Bake	Cheese or Chicken Wrap	Vegetable Bolognese with Spaghetti
Option 2	Fish Fingers with Chips				Jacket Potato with Bakes Beans
Alternative Accompaniment					
Vegetables	Peas	Carrots	Sweetcorn	Cucumber & Carrot Sticks	Peas
Dessert	Fruit	Fruit	Fruit	Fruit	Fruit
WEEK 3:					
Option 1	Jacket Potato with Bakes Beans	Vegetable Chow Mein	Beans on Toast	Homemade Margherita Pizza with Wedges	Vegetable Bolognese with Spaghetti
Option 2	Chicken & Sweetcorn Meatballs with Spaghetti	Singapore Chicken Noodles			Tomato & Herb Puff with Wedges
Alternative Accompaniment					
Vegetables	Sweetcorn	Broccoli	Carrots	Green Beans	Peas
Dessert	Fruit	Fruit	Fruit	Fruit	Fruit