

Values-Based Living 'The Fielding Way'



October 2025 – Edition 1

Welcome to Values-Based Living at Fielding

Welcome to the first edition of our Values-Based Living newsletter. Throughout the year, our school **Values Champions** will share stories, reflections, and celebrations showing how our school lives its core values: **Respect, Empathy, Resilience, and Reflection**.

This newsletter is driven by the children and will include classroom voices, staff reflections, and ideas for families to join in. We hope you enjoy seeing values in action across our school.

Meet our Values Champions

Mahmoud 6H	Elizabeth 6F	Ted 6P	Amelina 6P	Gaurangi 6S	Toby 6S

Our school focus for October

This month, in KS1 and KS2, we are focusing on our core value



How do we keep going when things are difficult?

Resilience is:

- Not giving up when things are tricky.
- Trying new challenges.
- Staying calm and positive when things are stressful.
- Bouncing back after setbacks.



Our School Website: [Values Based Education](#)
[Our School Resilience poster](#)

Talking Values with Mr Dunmall (Headteacher)

Interviewed by Amelina 6P



Each edition, a different staff member will answer questions about Values at our school.

Question 1: Which Fielding value do you like the most, and why?

Respect because it links to lots of the other values.

Question 2: What does resilience mean to you?

Resilience means never giving up when things are tough, bouncing back after challenges. You need to have self-belief – the belief that you can overcome challenges.

Question 3: Can you tell us a time when you didn't give up?

Once I did a race and my friends and I promised we will start together and end together. It was so hard and there were moments when I wanted to give up but I kept on going for myself and for my friends. We felt proud that we completed the race together.

Question 4: Why is resilience one of our core values?

Resilience means not giving up, even when something feels tricky. It's one of our school values because we all have times when we make mistakes or find things hard. If we keep trying, take a deep breath, and have another go, we get better and stronger. Being resilient helps us learn new things, play kindly with friends, and feel proud of ourselves when we don't give up.

Classroom Voices

In this section, we will showcase children's stories, poems, and artwork inspired by our school values. Through their creations, we celebrate their ideas and reflections on living a values-based life.

Children across the school were asked what does resilience mean to you?

Captured by Ted 6P

Year 1

Never giving up. Bouncing back. Keep on trying.

I show resilience by not giving up on something hard, I keep on trying and stay focused even when I am a little bored.

Year 2

Not stopping and not saying things like I can't do it – never giving up.

I showed resilience when I tried climbing to the top of the climbing frame. I do not get angry if I can't do something, I just keep trying.

Maths Ghost – Resilience

A story written by Elizabeth 6F

Once upon a time, on Halloween a ghost called Colin went to his classroom. He did maths and found it difficult. He tried but got many of the questions wrong. But Colin tried again and got the questions correct.

He was so happy, so was everyone. That night he dressed up in a tiger costume and was given lots of sweets when he went trick or treating. The moral of this story is to show resilience, keep on trying and to not give up.



Stories with Values

Mrs Hodge recommends

Each edition, our librarian, Mrs Hodge, will share some special stories that connect to our school values – respect, resilience, reflection, and empathy. These books will help us think about the ways we can show our values every day.

For October, Mrs Hodge has chosen books all about resilience - stories of characters who keep going, try their best, and bounce back when things feel tricky. We can't wait for you to enjoy them!



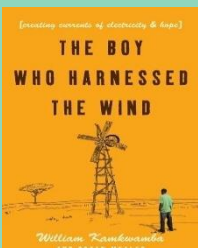
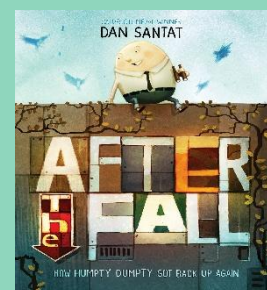
EYFS – *The Most Magnificent Thing* by Ashley Spires

A funny and heartwarming story about a girl who wants to make something amazing. Things don't go to plan at first, but with patience and determination, she doesn't give up.

KS1 – *After the Fall: How Humpty Dumpty Got*

Back Up Again by Dan Santat

We all know Humpty Dumpty had a great fall... but what happened next? This inspiring story shows how Humpty finds courage to face his fears and try again.



KS2 – *The Boy Who Harnessed the Wind* (picture book edition) by William Kamkwamba & Bryan Mealer

Based on a true story, this book tells how William, a boy from Malawi, used his creativity and resilience to build a windmill that brought electricity to his village.

Family Resilience Challenge

During October, we invite families to try small, fun challenges that help us all practise resilience, the ability to keep going, even when things get tricky! Pick one (or more) and see how your family can bounce back together. We would love you to share any pictures or stories of how you got on.

Challenge 1 –Puzzle Power Up

Complete a tricky puzzle. If a piece does not fit, try again!
Draw a “puzzle piece of resilience”.

Challenge 2–Kitchen Courage

Cook or bake something new. If it goes wrong, think of a way to fix it.

Challenge 3: Story of the day

Share a time you kept going when something was hard. Listen, celebrate effort and draw your “resilience hero.”

Values Art Competition



Our value for November is **empathy**, understanding how others feel and showing kindness. To celebrate, our Values Champions are running an **art competition**. Children can create a piece of art that shows what empathy means to them.

Winning entries will feature in the November Values Newsletter!

Deadline: Monday 20th November, children to please hand artwork to their class teacher.