

Values-Based Living

'The Fielding Way'



July 2026 – Edition 10

Welcome to Values-Based Living at Fielding

Welcome to the tenth and final edition of our Values-Based Living newsletter for this academic year. Over the past months, our Values Champions have shared stories, reflections, and celebrations that highlight how our community brings our core values of **Respect**, **Empathy**, **Resilience**, and **Reflection** to life.

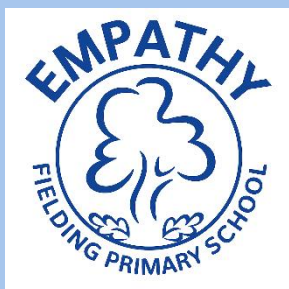
Driven by pupils' voices, this edition brings together classroom contributions, staff reflections, and family-friendly ideas. We hope you enjoy celebrating the many ways our values shine throughout our school.

Meet our Values Champions

Mahmoud 6H	Elizabeth 6F	Ted 6P	Amelina 6P	Gaurangi 6S	Toby 6S	Alice 6F

Our school focus for July

This month, in KS1 and KS2, we are focusing on our core value



Empathy is:

- Thinking about how people are feeling.
- Considering the feelings of other before you act/react.
- Putting yourself in someone else's shoes and consider how they are feeling and thinking.
- Is being aware of how we might impact the feelings of others.



Our School Website: [Values Based Education](#)

[Our School Empathy poster](#)

Related values for empathy:

Cooperation	Kindness	Happiness	Humour	Compassion
Love	Caring	Forgiveness	Humility	

Talking Values with

Mrs Tate (Assistant Headteacher)

Each month, a staff member shares their thoughts on our school values. This month, one of our values champions interviewed Mrs Tate, Assistant Headteacher.

What does empathy mean to you?

Empathy is more than putting yourself in someone else's shoes, it's making an effort to carefully understand what someone else is going through and responding with respect, sensitivity and support.

I believe empathy involves 3 things:

- Listening without judgement.
- Understanding another person's point of view and emotions.
- Responding in a way that shows they have been seen, heard and valued.



Why do you think empathy was chosen to be one of our school values?

Empathy was chosen to be one of our school values because it's rooted in kindness and understanding. I like the phrase 'we're all different but we all belong' and empathy helps us live and breathe this. When we show empathy to one another, we are more respectful, more tolerant and more caring.

Can you give an example of empathy in action at school?

Luckily, I can think of many examples of times when I've experienced someone showing empathy in school! My favourite example is when a child in my class was crying because they were finding their maths work difficult. The next day another child came into school with some WAGOLLS they had created for the child who was upset. They spent break time practising maths together.

How long have you worked at Fielding? Why do you like working here?

I have worked at Fielding Primary School for sixteen years. I've been kept very busy! Every year I've worked at Fielding has brought something new to create, develop or learn. One of the greatest joys has been watching so many children flourish from Reception right through to Year 6, leaving us ready for the next stage of their education. Knowing that I've played even a small part in that journey has been incredibly rewarding and has brought me lots of happiness.

What would be your message to pupils of our school regarding Values based living?

The values you have learned at Fielding will stay with you wherever you go. There may be times when you make mistakes or say the wrong thing, but trust that your Wisdom Star will help you find your way back and make the right choices. Always be the best person you can possibly be!

Values Role Models

Kylian Mbappé: Empathy during the World Cup

In the 2022 World Cup, France had just beaten Poland in a high-pressure knockout match. The French team were celebrating a huge victory, but Kylian Mbappé noticed something else. Polish goalkeeper Wojciech Szczęsny, who had played brilliantly, was visibly heartbroken.

Instead of joining the celebrations straight away, Mbappé walked over, hugged him, and offered quiet words of comfort. This simple act showed that:

- **Sportsmanship matters** even in the biggest moments
- **Empathy** can cross team colours and national rivalries
- **True champions** lift others up, even in defeat

Mbappé's gesture was a reminder that kindness shines brightest on the world's biggest stage.



Stories with Values A message from Mrs Hodge

As we reach the end of another wonderful school year, I want to say how proud I am of the enthusiasm you've shown for our monthly book recommendations. Your curiosity, your conversations in the library, and the way you've linked stories to our core values have been a joy to see.



Summer is the perfect time to keep that reading spirit alive. Whether you're travelling, relaxing at home, or exploring new places, a book can go with you anywhere. I encourage you to keep reading over the break, try new authors, discover new worlds, and let stories inspire you.

If you come across any books that connect with our four school values - **respect, empathy, resilience** or **reflection** we would love to hear about them. Who knows, your summer discovery might feature in one of our newsletters next year.



Happy reading and have a wonderful summer break.

A Message from our Values Champions

We are proud to have been the very first Values Champions at Fielding. This year, we have worked with Mr Webb to share our values through the monthly newsletters, and it has been a special experience for us. As we get ready to leave for high school, we wanted to share what we have learned and some advice for everyone at Fielding.

What have we learnt during our time here?

We have learnt that kindness is the best way to be. Being kind helps you make friends and makes people feel happy. It's important to talk to new people and try to include everyone. Even small acts of kindness can make a big difference and leave a lasting impression.

Our advice for younger pupils:

As you move up through the school, you will make more friends, but don't forget your old ones. Mistakes are a good thing because they help you learn and get better at things. It can feel a bit scary when you go into a new year group, but after a while it won't feel new anymore and you will settle in.

What will we miss most about Fielding?

We will miss our friends, especially the ones going to different high schools. We will miss residential and trying lots of new things. We will miss all the teachers and staff who have helped us and made us feel welcome. We will also miss having one main teacher, because you get to know them well.

Words to describe your time at Fielding:

Special. Welcoming. Unique. Outstanding. Lovely. Loving.

Thank you, Fielding, for everything you have given us, we will always remember our time here. The Values Champions – Mahmoud, Elizabeth, Alice, Ted, Amelina, Toby and Gaurangi.

A Message for our Values Champions

Thank you for all your hard work in your roles as our very first Values Champions. As this was a brand-new role this year, we are especially grateful to you for helping us shape and bring it to life. You truly stepped up to the leadership challenge. The monthly newsletters you created were thoughtful, engaging and reached not only children and classes across the school, but also families in our wider community. Through your work, you helped make our values something that everyone could see, understand and live by.

You have shown great care in thinking about our school values and championing them each month. In doing so, you have been fantastic role models to your peers and have played an important part in building a strong, values-driven culture across Fielding.

You leave behind a wonderful legacy for future Values Champions to continue and build upon. As a school, we are incredibly proud of you. We wish you every success as you move on to the next chapter of your lives. We know that with your values guiding you, you will go on to achieve amazing things.

Thank you.

Family Empathy Challenge

During July and the summer holidays, we are inviting families to take part in small, playful challenges that help us strengthen **empathy** - understanding and sharing the feelings of others. Choose one (or try them all) and see how your family can connect, care, and grow together. We would love to hear any stories about what you tried and how it went.

Challenge 1 –Kindness Scavenger Hunt

Create a list of tiny acts of kindness to complete during a day out: hold a door open, compliment someone, pick up litter, or thank a worker. Celebrate each completed act with a photo or a cheer.

Challenge 2– Perspective Picnic

During a picnic, everyone chooses a person they have noticed nearby (a jogger, a parent with a toddler, a gardener) and imagines what their day might be like. Share your stories and talk about how different people might feel in the same moment.

Challenge 3: Gratitude Postcards

Buy or make simple postcards and write short notes of appreciation to neighbours, teachers, shop staff, or family friends. Deliver them together and notice how giving gratitude feels.

Ripples of Kindness – Becoming Involved



How it works?

We are inviting parents and carers to share acts of kindness they notice their children doing **outside of school**. These might be small, everyday actions, such as the ones mentioned above.

No act is too small; it is often the simplest gestures that make the biggest difference. Parents will be able to submit these acts of kindness via a form on the **school website** ([Click here](#)). Each month, children's names and the acts of kindness shared during the **previous month** will be included in our **Values Newsletter** and acknowledged during our **Values Assemblies**, where we will celebrate the positive impact, our pupils are having.

Working together

We hope *Ripples of Kindness* will encourage everyone to recognise the value of kindness in everyday life and inspire our whole school community to get involved. By working together, we can help kindness ripple out from our school into the wider community.

We cannot wait to see the impact the **small acts of kindness** will have, and to celebrate the wonderful examples of care, thoughtfulness, and compassion that happen every day.

Ripples of Kindness - This Month's Celebrations

We are incredibly proud of all the children recognised through our **Ripples of Kindness** initiative this year. Their thoughtful actions, caring choices, and everyday empathy have brightened our school community in so many meaningful ways. As we head into July and the summer holidays, we would love families to keep noticing and sharing the **ripples of kindness** they spot at home, out and about, or on your travels. Every story helps us celebrate how kindness continues to grow.

Here are the children we are celebrating this month, and they will also be recognised during our values assemblies:



	H Class	F Class	P Class	S Class
Reception	Rosa, Meara	Tara C		
Year 1	Safaa		Oliver S	Aslam, Eva
Year 2	Nicolas	Ciaran M	Max C, Colette	
Year 3		Helena J	Sofia	Duncan L
Year 4	Arlo H			
Year 5	William, Vihaan	Vedika		
Year 6				
ARP				
Nursery				

A selection of some of the acts of kindness

When passing a homeless person on the street my child gives money from her wallet with her pocket money or uses it to go into a shop and buy some biscuits and gives this to them. We are proud of her for thinking of others.

My child was incredibly kind to her little sister who had chicken pox during the heatwave. She played with her, read books and helped make her healthy ice lollies to keep cool.

My son spent his time at home during the heatwave being really helpful to his family. He tidied the house, watered the plants in the garden, and made his parents and sister a delicious fruit salad to enjoy as a snack.

My daughter selected many toys she no longer played with and put on the wall outside the house for neighbours to pick up. She also helped her dad paint the garden bench and helped her mum with litter picking volunteering!

One evening my child and I had a disagreement and apologised to one another, but we both went to bed with heavy hearts. The next morning, as we were leaving, my child had laid out my shoes and gently said, "I'm sorry, Mummy." It was such a thoughtful gesture, it showed she had reflected on our conversation and understood how even small acts of kindness can mean so much.

My child volunteers in his taekwondo classes to always help and support the new joiners and gets them familiarised with the surroundings.

When daddy was not feeling well my child said, "I know what will make you better" and off he went and made him a bowl of cereal and made it up to loft without spilling a drop of milk!