

Values-Based Living

'The Fielding Way'



October 2026 – Edition 11

Welcome to Values-Based Living at Fielding

Welcome to the eleventh edition of our Values-Based Living newsletter. Throughout the year, our newly appointed **Year 6 Values Champions** will share stories, reflections and celebrations that showcase how our school lives its core values: **Respect, Empathy, Resilience and Reflection**.

This newsletter is led by the children and will include pupil voices, staff reflections and ideas for families to explore at home. We hope you enjoy reading about values in action across our school community and celebrating the many ways our children demonstrate them every day.

Meet our Values Champions



Our school focus for October

This month, in KS1 and KS2, we are focusing on our core value



How do we keep going when things are difficult?

Resilience is:

- Not giving up when things are tricky.
- Trying new challenges.
- Staying calm and positive when things are stressful.
- Bouncing back after setbacks.



Our School Website: [Values Based Education](#)

[Our School Resilience poster](#)

Ripples of Kindness

How it works?

Following the success of this initiative last year, we are once again inviting parents and carers to share acts of kindness they notice their children demonstrating **outside of school**. These may be small, everyday actions, such as helping a sibling, showing consideration for others, or taking responsibility at home. We love celebrating the ways our children live out our school values beyond the classroom.



No act is too small; it is often the simplest gestures that make the biggest difference.

Parents will be able to submit these acts of kindness via a form on the **school website** ([Click here](#)). Each month, children's names and the acts of kindness shared during the **previous month** will be included in our **Values Newsletter** and acknowledged during our **Values Assemblies**, where we will celebrate the positive impact, our pupils are having.

Working together



We hope *Ripples of Kindness* will encourage everyone to recognise the value of kindness in everyday life and inspire our whole school community to get involved. By working together, we can help kindness ripple out from our school into the wider community. We cannot wait to see the impact these small acts of kindness will have and to celebrate the many examples of care, thoughtfulness and compassion that make our school community so special. Look out for our **first nominations of the academic year in the November newsletter**.

Building Respectful Connections

This year, we will be focusing on helping pupils develop respectful, confident and caring interactions through everyday encounters around school. Each month, we will introduce a new skill to help pupils build positive habits, strengthen relationships and show our school values in action. This focus on independent interactions complements our existing expectations for behaviour and movement around the school.

October Focus: Notice and Greet (Respect)

This month, we are learning how to make others feel welcome by noticing them and greeting them politely. A simple smile or hello can brighten someone's day and help our school feel friendly and caring.

Our goal is for everyone to greet others with confidence, kindness and respect throughout the school day.



RESILIENCE

Children across the school were asked what does resilience mean to you?

Year 1

Never giving up. Bouncing back. Keep on trying.

I show resilience by not giving up on something hard, I keep on trying and stay focused even when I am a little bored.

Year 2

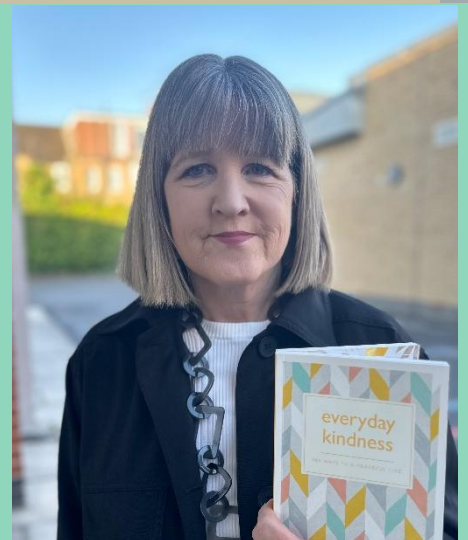
Not stopping and not saying things like I can't do it – never giving up.

I showed resilience when I tried climbing to the top of the climbing frame. I do not get angry if I cannot do something, I just keep trying.

Stories with Values Mrs Hodge recommends

Each edition, our librarian, Mrs Hodge, will share some special stories that connect to our school values – respect, resilience, reflection, and empathy. These books will help us think about the ways we can show our values every day.

For October, Mrs Hodge has chosen books all about resilience - stories of characters who keep going, try their best, and bounce back when things feel tricky. We can't wait for you to enjoy them!

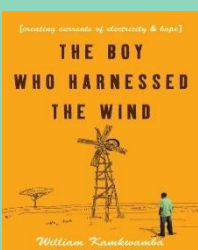
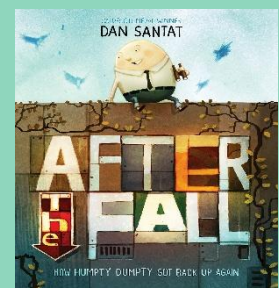


EYFS – *The Most Magnificent Thing* by Ashley Spires

A funny and heartwarming story about a girl who wants to make something amazing. Things don't go to plan at first, but with patience and determination, she doesn't give up.

KS1 – *After the Fall: How Humpty Dumpty Got Back Up Again* by Dan Santat

We all know Humpty Dumpty had a great fall... but what happened next? This inspiring story shows how Humpty finds courage to face his fears and try again.



KS2 – *The Boy Who Harnessed the Wind* (picture book edition) by William Kamkwamba & Bryan Mealer

Based on a true story, this book tells how William, a boy from Malawi, used his creativity and resilience to build a windmill that brought electricity to his village.

Family Resilience Challenge

During October, we invite families to try small, fun challenges that help us all practise resilience, the ability to keep going, even when things get tricky! Pick one (or more) and see how your family can bounce back together. We would love you to share any pictures or stories of how you got on.

Challenge 1 –Puzzle Power Up

Complete a tricky puzzle. If a piece does not fit, try again!
Draw a “puzzle piece of resilience”.

Challenge 2–Kitchen Courage

Cook or bake something new.
If it goes wrong, think of a way to fix it.

Challenge 3: Story of the day

Share a time you kept going when something was hard.
Listen, celebrate effort and draw your “resilience hero.”

